

Handwriting practice lines on the left page. The page contains 10 sets of horizontal lines. Each set consists of four lines: two green lines for ascenders, a brown line for the baseline, and two green lines for x-height. The sets are evenly spaced down the page.

Handwriting practice lines on the right page. The page contains 10 sets of horizontal lines. Each set consists of four lines: two green lines for ascenders, a brown line for the baseline, and two green lines for x-height. The sets are evenly spaced down the page.